

Name: **Vrni Se Vrni**
Origin: **Macedonia**

Source: **Dick Oakes' Folk Dance**
Descriptions

Pronunciation: Ver-nee seh Ver-nee.

Translation: Return to me, return.

Source: Atanas Kolarovski introduced this dance to folk dancers in the United States in the late 1960s.

Background: Vrni se Vrni is from the Vardar Valley and takes its name from the song "Vrni se, vrni, libe Marice" in which a rejected lover pleads to his love to come back to him.

Music: Festival (45rpm) F-4005 Jugoton (LP) LPY-V-701
 Voyager AK-001 (LP) VRLP-402.

Formation: Open cir of mixed M and W with hands joined and held at shldr level with elbows bent in "W" pos.

Rhythm: 2/4.

Steps/Style: Fig I is danced in a slow, deliberate manner using 2 meas for each basic motif. Syncopated two-step: Described here for meas 1-2 of Fig I. Rise slightly on ball of L with straight L knee and extend toe of R in LOD to where you plan to step (bt 8 of previous motif);

1-2 Facing diag R and moving CCW in LOD, step R bending R knee slightly (bt 1); step on ball of L near back of R heel pressuring up onto L so that both knees are straight (bt 4); step R bending R knee slightly (bt 5); rise slightly on ball of R with straight R knee and extend toe of L in LOD to where you plan to step (bt 8);

3-4 Repeat action of first meas in same dir but with opp ftwk.

Offbeat walk: Not "unconventional or eccentric" but meaning not on the main beat. This step is danced during the walking part in Fig I. Described here for meas 5-8, the action is similar in meas 13-24.

5-6 Facing diag R and moving in LOD, rise slightly on ball of L with straight L knee and extend toe of R in LOD to where you plan to step (bt 1); step R bending R knee slightly (bt 2); repeat action of bts 1,2 in same dir with opp ftwk (bts 5,6);

7-8 Rise slightly on ball of L with straight L knee and extend toe of R in LOD to where you plan to step (bt 1); turning to face ctr, step R bending knee slightly (bt 2); rise on ball of R while raising bent L knee in front with L ft in front of R shin (ct 5); hold.

Lift: A low hop in which the ball of ft does not leave the floor. Movements are soft, without stiffness or jerkiness.

Introduction: No action.

Description:

I. Slow part (Vocal)

1-4 Facing diag R and moving in LOD, dance two Syncopated Two-steps R;

5-8 Offbeat Walk R.

9-12 Facing diag L and moving in RLOD, dance two Syncopated Two-steps L;

13-16 Offbeat Walk L.

17-20 Offbeat Walk R;

21-24 Offbeat Walk L.

II. Fast part (Instrumental)

1 Bringing joined hands down to sides ("V" pos) and facing and moving CCW to R in LOD, hop L as R reaches out to R (ct 1); step R (ct &); step L (ct 2);

2 Repeat action of meas 1.

3 Run RLR (cts 1&2);

4 Run LRL (cts 1&2).

5 Lift on L pivoting to face ctr and raising bent R knee in front as joined hands are raised to "W" pos (ct 1); step R across L (ct 2);

6 Step L swd (ct 1); step R next to or behind L (ct 2);

7 Lift on R raising bent L knee in front (ct 1); hold (ct 2);

8 Bringing hands down to "V" pos, step LRL in place (cts 1&2).

9-16 Repeat action of meas 1-8 except that hands remain in "W" pos on meas 16 in preparation for the beginning of the dance.

Repeat entire dance from beginning.

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