

Vidinsko Horo

Видинско Хоро

Origin: Vlach, Bulgaria

Record:

Formation: Short lines, hands joined in "W" pos

Source: Yves Moreau

Note: Arrangement of traditional steps of the dance type known as Sitno Vlasko from NW Bulgaria. These dance of the Vlachs (Romanian speaking minorities) share in common with dances found north of the Danube in Muntenia and Oltenia. Learned from state Folk Ensemble, Vidin, 1970.

Meter: 2/4

No Introduction

A. Forward and Back

Meas:

- 1 Step fwd on R ft (ct. 1); step on L ft behind R ft (ct. &); step fwd on R ft (ct. 2)
 - 2 Step fwd on L ft, raising R ft (ct. 1); sharp push-kick fwd with R ft (ct. 2)
 - 3 Step back on R ft (ct. 1); step back on L ft (ct. 2)
 - 4 Step on R ft in place (ct. 1); step on L ft in place (ct. &); step on R ft in place (ct. 2)
 - 5-16 Repeat Meas. 1-4 three more times
- Note: Arms swing bkwd and fwd on Meas. 3-4 and come back to "W" pos for Meas. 1-2.

B. Slaps

- 1 Facing ctr and leaning upper body fwd, slap R ft fwd twice, straight knee (ct. 1,2)
- 2 Straightening body, step on R ft to R (ct. 1); step on L ft behind R ft (ct. &); step on R ft to R (ct. 2)
- 3-4 Repeat Meas. 1-2 reversing direction and ftwk
- 5-8 Repeat Meas. 1-4
- 9 Bend fwd and slap R ft again (ct. 1); hold (ct. 2)
- 10 Step on R ft to R (ct. 1); step on L ft behind R ft (ct. &); step on R ft to R (ct. 2); sharp stamp with L ft next to R ft, no wt. (ct. &)
- 11 Leap onto L ft to L keeping R knee up and close to L (ct. 1); repeat ct. 1 to the R
- 12 Step on L ft to L (ct. 1); step on R ft behind L ft (ct. &); step on L ft to L (ct. 2)
- 13-16 Repeat Meas. 9-12
- 17-32 Repeat Meas. 1-16

Repeat Figures A & B

C. Forward leg kicks and slide back

- 1 Facing ctr and leaning upper body fwd, step fwd on R ft (ct. 1); step on L ft behind R ft (ct. &); step fwd on R ft (ct. 2) Note: Bring free ft around sharply.
- 2 Repeat meas. 1 reversing ftwk
- 3-4 Repeat Meas. 1-2
- 5 Facing L of ctr (R shoulder to ctr), sharp stamp with R ft next to L ft, no wt. (ct. 1); hold (ct. 2)
- 6 "Fall" onto R ft sending L straight leg out to L (ct. 1); sharp hop on R ft sending straight L leg across R leg (ct. 2)
- 7 Step on L ft to L (ct. 1); close R ft to L ft sharply (ct. 2)
- 8 Repeat Meas. 7
- 9-32 Repeat Meas. 1-8 three more times

Transition Step

- 1 Travelling diag fwd R, step on R ft, arms swing fwd (ct. 1); step on L ft arms swing bkwd (ct. 2)
- 2 Travelling diag bkwd R, step on R ft (ct. 1); close L ft to R ft (ct. &); step on R ft (ct. 2)
- 3-4 Repeat Meas. 1-2 reversing direction & ftwk

D. Travel sideward with stamps

- 1 Facing ctr, step on R ft next to L ft (ct. 1); light stamp with L ft next to R ft (ct. &); step on L ft next to R ft (ct. 2); light stamp with R ft next to L ft (ct. &)
- 2 Step on R ft to R (ct. 1); step on L ft behind R ft (ct. &); step on R ft to R (ct. 2); step on L ft behind R ft (ct. &)
- 3-6 Repeat eas. 1-2 two more times
- 7 Leap onto R ft to R keeping L knee up and close to R (ct. 1); same type of leap to L (ct. 2)
- 8 Step on R ft to R (ct. 1); step on L ft behind R ft (ct. &); step on R ft to R (ct. 2)
- 9-16 Repeat Meas. 1-8 reversing direction & ftwk

E. Quick crosses and stamps

- 1 Step on R ft across in front of L ft (ct. 1); step on L ft in place (ct. &); step on R ft to R (ct. 2); step on L ft in place (ct. &)
- 2 Repeat Meas. 1
- 3 Step on R ft in place (ct. 1); stamp with L ft next to R ft, no wt (ct. &); step on L ft in place (ct. 2); stamp with R ft next to L ft, no wt (ct. &)
- 4 Repeat Meas. 3
- 5-6 Repeat Meas. 7-8 of Fig. D
- 7-8 Repeat Meas. 5-6 reversing direction & ftwk
- 9-16 Repeat Meas. 1-8

Sequence: A-B-A-B-C-Transition-D-E-A-B-C-Transition-D-E