

# Tresenica

Origin: Macedonia

Record: Folk Dancer MH-1021

Formation: Mixed line, hands joined in "V" position, facing diag/LOD

Source:

Note:

Style:

Meter: 4/4

No Introduction:

Meas.	Ct.	
1	1	Step fwd on R ft
	2	Pause
	3	Step on L ft slightly behind R ft
	4	Pause
2		Repeat Meas. 1
3	1	Step fwd on R ft
	2	Step on L ft next to R ft
	3	Step on R ft next to L ft
	4	Pause
4		Repeat Meas. 3 reversing ftwk.
5		Repeat Meas. 3
6		Repeat Meas. 3 reversing ftwk.
7		Repeat Meas. 3 turning to face center
8	1	Step fwd on L ft
	2	Step on R ft next to L ft
	3	Step on L ft next to R ft
	4	Pause
9	1	Step bkwd on R ft
	2	Step on L ft next to R ft
	3	Step on R ft next to L ft
	4	Pause
10	1	Step to L on L ft
	2	Step on R ft next to L ft
	3	Step on L ft next to R ft
	4	Pause
11	1	Step to R on R ft
	2	Step on L ft next to R ft
	3	Step on R ft next to L ft
	4	Pause
12	1	Hop on R ft
	2	Step on L ft to L
	3	Step on R ft next to L ft
	4	Pause
13		Repeat Meas. 12
14	1	Low leap onto L ft in place extending R ft fwd
	2	Pause
	3	Low leap onto R ft in place extending L ft fwd
	4	Pause

15	1	Step on L ft in lace
	2	Step on R ft next to L ft
	3	Step on L ft next to R ft
	4	Pause
16-17		Repeat Meas. 14-15 reversing ftwk
18	1	Stamp L ft next to R ft, no wt
	2	Pause
	3	Stamp L ft next to R ft, no wt
	4	Pause
19	1	Step on L ft next to R ft
	2	Step on R ft next to L ft
	3	Step on L ft next to R ft
	4	Pause
20-21		Repeat Meas. 18-19 reversing ftwk
22-23		Repeat Meas. 18-19
24	1	Step on R ft across in front of L ft
	2	Pause
	3	Step on L ft to L
	4	Pause
25	1	Step on R ft across in front of L ft
	2	Pause
	3	Hop on R ft swinging L leg around in front
	4	Pause
26-27		Repeat Meas. 24-25 reversing ftwk
28-29		Repeat Meas. 24-25
30-31		Repeat Meas. 24-25 reversing ftwk