

**Name:**        **Signa**  
**Origin:**     **Bulgaria**

**Source:**       **Yves Moreau**

Dance from the village of Sofronievo, N.W. Bulgaria. Source:  
Koprivstica Festival, 1971 and  
Iljana Bozanova

Pronunciation:    SEEG-nah

Music:             Yves Moreau workshop CD

Rhythm:            2/4

Formation: Mixed lines, hands down at sides or belt hold, L over R.

Face ctr, wt on L

Style:              Earthy with sharp movements

**Description:**

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Meter: 2/4

Pattern

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1-16 Introduction: Drumming. No action.

1. Travel

- 1 Hop on L (1) step on R to R (&) cross on L in front of R (2)
- 2-3 Repeat pattern of meas 1, two more times
- 4 Step onto R, lifting L knee (1) kick L ft down and slightly fwd  
(2)
- 5 Reverse action of meas 4 with reverse dir and ftwrk
- 6 Repeat action of meas 4
- 7 Repeat action of meas 1, with reverse dir and ftwrk
- 8 Repeat action of meas 4 with reverse direction and ftwrk
- 9-16 Repeat pattern of meas 1-8

2. Forward and back with kicks

- 1 Moving twds ctr, step fwd onto R (1) step on L behind R heel  
(&)  
step fwd on R (2)
- 2 Same movement as in meas. 1 ("two-step") but starting with L  
ft
- 3 Step back onto R, twisting L ft out to L (1) step back onto L  
twisting R ft  
out to R (2)
- 4 Repeat pattern of meas 3
- 5 Step onto R (1) kick L ft fwd (2)
- 6 Step onto L (1) kick R ft fwd (2)
- 7 Small hop on L , extending R leg bkwd and close to ground (1)  
brisk step  
onto ball of R ft (&) small stamp-like step onto L in place (2)
- 8 Repeat action of meas 7 but with R leg going out to front
- 9-16 Repeat pattern of meas 1-8

3. In place, scissors and kicks

- 1 In place, wt on L and slight bounce, extend R leg out to R (1)  
with wt on L  
send R leg in front of L (2)
- 2 Repeat pattern of meas 1
- 3-4 Same action as in meas 1-2 but with L leg (wt must transfer to  
R ft on ct 1)
- 5 Do a "scissor" motion (L-R)
- 6 Step on L ft and kick R ft
- 7 Step onto R ft and kick L ft
- 8 Repeat pattern of meas 6
- 9-16 Repeat pattern of meas 1-8

Note: Leader calls change of figures at will