

# Ramno Veleško

Origin: Skopje Region, Macedonia

Record:

Formation: Mixed open circle. Hands in "W" pos.

Source: Boris 'Kete' Ilievski from Stanimir Visinski

Note: The origin of the dance is Veles - Central Macedonia and there is no other place having it in known in his traditions. Typical urban mixed dance one of the rare symmetrical pattern with the equal number of steps fwd and backward.

Dance is performed during weddings, religious festivities and other occasions.

Meter: 4/4 Dance is done in 2/4 time on notes 1 & 3.

No Introduction

## **Pattern 1**

Meas.

- 1 Facing diagonally R of the center, R ft step fwd (ct. 1); L ft step fwd (ct. 2)
- 2 R ft step fwd (ct. 1); L ft step fwd (ct. 2)
- 3 R ft step fwd (ct. 1); L ft step fwd (ct. 2)
- 4 R ft step fwd turning face to the center (ct. 1); Low hop step on the R and L ft low lifted in front of the R (ct. 2)
- 5 Facing diagonally L of the center L ft step fwd (ct. 1); R ft step fwd (ct. 2)
- 6 L ft step fwd (ct. 1); R ft step fwd (ct. 2)
- 7 L ft step fwd (ct. 1); R ft step fwd (ct. 2)
- 8 L ft step fwd turn face to the center (ct. 1); hop step on L ft and R ft low lifted in front of the L (ct. 2)
- 9 R ft step to the R (ct. 1); L ft touches the ground with the toe fwd (ct. 2)
- 10 L ft step to the L (ct. 1); R ft touches with the toe the ground fwd (ct. 2)
- 11 R ft step fwd (ct. 1); L ft step fwd (ct. &); R ft step fwd (ct. 2)
- 12 L ft step fwd (ct. 1); R ft step fwd (ct. &); L ft step fwd (ct. 2)
- 13 Repeat measure 9 of Pattern 1
- 14 Repeat Measure 10 of Pattern 1
- 15 R ft step backward (ct. 1); L ft step backward (ct. &); R ft step backward (ct. 2)
- 16 L ft step backward (ct. 1); R ft step backward (ct. &); L ft step backward (ct. 2)

## **Pattern 2**

- 1 Repeat measure 1, pattern 1
- 2 R ft steps fwd (ct. 1); L ft steps fwd (ct. &); R ft steps fwd (ct. 2)
- 3 L ft steps fwd (ct. 1); R ft steps fwd (ct. &); L ft steps fwd (ct. 2)
- 4 Repeat Meas. 4 pattern, 1
- 5 Repeat Meas. 5 pattern 1
- 6 L ft steps fwd (ct. 1); R ft steps fwd (ct. &); L ft steps fwd (ct. 2)
- 7 R ft steps fwd (ct. 1); L ft steps fwd (ct. &); R ft steps fwd (ct. 2)
- 8 Repeat measure 8 pattern 1
- 9-16 Repeat measure 9-16 pattern 1