

Preplet Kolo

Origin: Brus, Serbia

Record: KP 406-B (Mangupsko Kolo)

Formation: Mixed open circle or line, hands in "V" pos. (Originally men only)

Source: Dick Crum

Note: Preplet is done in a style typical of the Šumadia region of Serbia. This includes very erect posture from the knees up, constant gentle flexions of the knees, predominance of steps on toes and balls of feet over those involving heels, and preference for vertical, up-and-down movements rather than covering a lot of ground.

Meter: 2/4

No introduction.

1. Variation I – Running steps and hold

Meas.

- 1 Facing slightly R of ctr, low short leap onto R ft to R (ct. 1); step on ball of L ft next to R ft slightly bending L knee (ct. &); repeat cts. 1, & (cts. 2, &)
- 2 Repeat Meas. 1.
- 3 Facing ctr, step on ball of R ft flexing R knee emphatically (ct. 1); step on L ft in place (ct. 2); step on R ft in place (ct. &)
- 4 Bring heels together (no click) and down with emphasis (ct. 1); hold (ct. 2)
- 5-8 Repeat Meas. 1-4 reversing ftwk and direction
- 9-16 Repeat Meas. 1-8

2. Variation II – Grapevine and threes

- 1 Facing ctr, step on R ft to R slightly stiffening R knee (ct. 1); step on L ft behind R ft slightly flexing L knee (ct. &); step on R ft to R (ct. 2); step on L ft in front of R ft (ct. &)
- 2 Step on R ft to R (ct. 1); step on L ft behind R ft (ct. &); step on R ft to r (ct. 2)
- 3 Step on L ft beside R ft (ct. 1); step on R ft behind L ft (ct. &); step on L ft in place (ct. 2)
- 4 Step on R ft behind L ft (ct. 1); step on L ft in front of R ft (ct. &); step on R ft behind L ft (ct. 2)
- 5-8 Repeat Meas. 1-4 reversing ftwk and direction.
- 9-16 Repeat Meas. 1-8

3. Variation III – Hop-step-steps and 'slice'

- 1 Facing slightly R of ctr, low light hop on L ft (ct. 1); short step fwd on R ft (ct. &); step on L ft a bit fwd of R ft (ct. 2)
- 2-3 Repeat Meas. 1 two more times.
- 4 Facing ctr, and bringing R ft from a preliminary position high out to side where R knee was bent (Charleston position), sharply slice R ft down into a position in front of L ft and put wt on R ft (ct. 1); step on L ft behind R ft (ct. &); step on R ft in front of L ft (ct. 2)
- 4-8 Repeat Meas. 1-4 reversing ftwk.
- 9-16 Repeat Meas. 1-8.