

**Name:**            **Kyustendilska Račenica**

**Origin:**           **Bulgaria**

**Source:**           **Recreational Folk Dancing**

Short lines, arms in belt hold. Meter 7/8, counted QQS.

Note: This dance is frequently done to the song Snoshti Si Rada.

That tune is Thracian and is the wrong style for the dance which is from the Shope region.

The dance is better when it is done to a moderately quick Shope tune.

### **Description:**

Measure	Count	Step
1	QQS	Facing to the L, hop on L foot (Q), step back on R foot (Q), step back on L foot (S)
2		Repeat measure 1. At the end of the measure, turn to face to the R.
3	QQS	Step forward on the R foot (Q), close the L foot to the R foot (Q), step forward on the L foot (S)
4		Repeat measure 3 with opposite footwork
5	QQS	Facing the center, step to the R on the R foot (QQ), hop on the R foot, bringing L leg up in front with bent knee (S)
6	QQS	Hop on R foot again (Q), step on L foot to L (Q), step on R foot in front of L foot (S)
7	QQS	Hop on R foot (Q), step on L foot to L (Q), step on R foot in back of the L foot
8	QQS	Step on L foot in place (QQ), hop on L foot, bringing R foot forward (S)

- 9            QQS    Facing slightly to the L, hop twice on the L foot, with the R toe forward and almost touching the floor (QQ), step forward on R foot (S)
- 10                   Facing slightly to the R, repeat measure 9 with opposite footwork. At the end, turn sharply to face to the L so you can start the dance over.