

Karagouna

Origin: Greece

Record: Festival 3510-H""Karagouna"

Formation: Open circle, hands joined at about shoulder height. Leader on R end should be man.

Source: Dick Crum

Meter: 2/4

Style:

16 Meas. introduction

Part I (Done 4 times through)

Meas.	Ct.	
1	1	Moving in LOD, step with R ft.
	2	Step with L ft.
2	1	Step on R ft and face toward center.
	2	Point L toe forward and pause (or as a variation, hop slightly on R ft.
	&	Kicking L ft a bit forward in air
3	1	Step L ft in place.
	2	Point R f t diagonally back/R.
4	1	Point R ft forward.
	2	Point R ft diagonally back/R again.

Variation - Part I: Meas. 1, 3, and 4 are the same as above. The following is done instead of Meas. 2:

2	1	Step on R ft and face toward center.
	&	Step on L toe close in back of R heel.
	2	Step on R to close in back of L heel (similar to slow reel step).

Part II (Done twice through)

1	1	Facing center still, step sdwd to R with R ft.
	2	Close L ft to R ft a little forward with very slight turn of body to R.
2-4		Do movements of Meas. I three more times moving R.
5	1	Point R ft diagonally forward/R.
	2	Wt still on L ft., bring R ft across in the air, or do two slight hops on L ft as you bring R ft across.
6	1	Step onto R ft across and to the L of L ft.
	2	Point L ft. diagonally forward/L.
7	1	Point L ft again diagonally forward/L for
	2	Wt still on R ft, bring L ft across in air or do two slight hops on R ft as you bring L ft across.
8	1	Step onto L ft across and to the R of R ft.
	2	Point R ft diagonally forward/R.

Men's Variation on Part II:

Meas. 1 thru 4 the same as described above, but meas. 5-8 as follows:

5	1	Full knee bend (prysiadka), knees out.
	2	Rise on L ft, swing R ft out and across in air (may be done with double hop on L ft).
6	1	Step onto R toe across and to the L of L ft...
	2	Point L ft diag forward/L or close L ft beside R .ft in place.

7-8

Same as 5-6 but opposite footwork.