

Graovsko Horo

Граовско Хоро

Origin: Graovo, Šop region, Bulgaria

Record: FM50-11, Folkraft LP-26, side B band 4 (3:14)--orchestra.

Formation: Short lines with belt hold

Source: Dennis Boxell

Note:

Meter: 2/4

No introduction. Dance may start at the beginning of any phrase.

Meas. Ct.

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|-----|---|---|
| 1 | 1 | Hop on left foot with ball of right foot touching floor |
| | & | Slide right foot backward |
| | 2 | Step backward on left foot |
| 2 | | Repeat measure 1. |
| 3-4 | | Turning to face slightly and moving right, two running two-steps (RL) fwd. |
| 5 | 1 | Turning to face center, leap sideward right on right foot |
| | 2 | Tap left heel slightly forward |
| 6 | 1 | Turning to face slightly and moving left, two running steps (LR) forward. |
| 7 | 1 | Turning to face center, a slight leap sideward left on left foot |
| | 2 | Cross and a slight leap on right foot in back of left |
| 8 | 1 | Leap sideward left on left foot |
| | 2 | Swing right foot forward |
| 9 | 1 | A small leap backward on right foot |
| | & | Close and step on left foot beside right |
| | 2 | Step on right foot in place beside left |
| 10 | | Repeat Meas. 9 reversing direction and footwork (moving L forward starting with left foot). |

Note: For proper Shope style bend knees or "sit in" while dancing; upper part of body trembles slightly, arms are held firm.