

Esmer

Origin: Turkey

Record: Halay #304, Side 1, Band 1

Formation: Arms down, bodies touching-close, hands clenched with neighbors', firm but not overpowering. Same size people should dance next to each other. A horizontal tension should be exerted at the hands, to keep the whole line firm. Arms and hands are hidden entirely.

Source: Bora Özkök

Note:

Meter: 2/4

No introduction.

Basic Step:

Meas.

- 1 Stamp R ft fwd (ct. 1); step on R ft in place (ct. 2)
- 2 Step on L ft in place (ct. 1); step on R ft in place (ct. 2)
- 3 Stamp L ft fwd, bend body a bit bkwd (ct. 1); step on L ft in place, bend body fwd (ct. 2)
- 4-15 Repeat meas. 1-3 four more times in place.
- 16 Dip-bend knees again in place, bend body a bit back (ct. 1); bend fwd slightly, straightening knees (ct. 2)

Travel Step:

- 1 Stamp R ft fwd (ct. 1); step on R ft in place (ct. 2)
- 2 Step on L ft across in front of R ft (ct. 1); step on R ft in LOD (ct. 2)
- 3 Repeat meas. 2
- 4 Stamp L ft twd ctr (ct. 1); Step on L ft and end body fwd (ct. 2)
- 5-8 Repeat Meas. 1-4

Sequence: 5X Basic Step (5 repetitions of a 6 ct step = 15 measures)
2X Travel Step (2 repetitions of an 8 ct step = 8 measures)
Back to Basic Step, and continue on with the dance.