

Berovsko Za Pojas

(Macedonia)

This dance is from Berovo, Delčevo, in the Maleševo region of Macedonia. It is danced on many occasions such as a Slava, weddings, picnics, etc. to communal gatherings and religious holidays.

Pronunciation: BEH-rohv-skoh za POH-yahs

Music: 4/4 meter *Makedonski Narodni Pesni i Ora, Stockton Folkdance Camp 2011, Band 15 (mislabeled #16)*

Formation: Mixed line with belt hold V-pos.

<u>Meas</u>	<u>4/4 meter</u>	<u>Pattern</u>
4 meas	<u>INTRODUCTION.</u> Wait 4 meas or dancing can begin at the beginning of a phrase.	
	I. <u>FIGURE I</u>	
1	Facing diag LOD, hop on L (ct 1); step R fwd (ct &); step L fwd (ct 2); small steps fwd R-L-R (cts 3,&,4).	
2	Small steps fwd L-R-L (cts 1,&,2); step R fwd and face ctr (ct 3); hop on R and bring L knee up in front (ct 4).	
3	Facing ctr, step L to L (ct 1); hop on L (ct 2); step R in front of L (ct &); step L to L (ct 3); hop on L and bring R knee up in front (ct 4).	
4	Step R to R (ct 1); hop on R and bring L knee in front (ct 2); repeat cts 1-2 with opp ftwk (cts 3,4).	
5-8	Repeat meas 1-4 six times. On 7th repetition, meas 4, ct 3-4, do L-R-L instead of step L, hop L.	
	II. <u>FIGURE II</u>	
1	Facing ctr, step R to R (ct 1); hop on R and bring L knee up in front (ct 2); repeat cts 1,2 with opp ftwk (cts 3,4).	
2	Hop on L (ct 1); step R next to L (ct &); step L in place (ct 2); repeat cts 1,&,2 (cts 3,&,4).	
3	Step R to R (ct 1); hop on R and bring L knee up in front (ct 2); step L next to R (ct &); repeat cts 1,2,& (cts 3,4,&).	
4	Step R in place (ct 1); hop on R and bring L knee up in front (ct 2); step L-R-L in place (cts 3,&,4).	
5-8	Repeat meas 1-4 twice.	
	III. <u>FIGURE III</u>	
1	Facing diag LOD, hop on L (ct 1); step R fwd (ct &); step L fwd (ct 2); small steps fwd R-L-R (cts 3,&,4).	

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- 2 Small steps with L-R-L fwd (cts 1,&,2); small steps with R-L fwd (cts 3,&); leap onto R in front of L to RLOD (ct 4).
- 3 Repeat Fig 1, meas 3, cts 1,2,& (cts 1,2,&); step L to L (ct 3); step R to L (ct &); leap onto L to L and bring R knee up in front (ct 4).
- 4 Step R to R (ct 1); hop on R and bring L knee up in front (ct 2); step on L-R-L in place (cts 3,&,4.)
- 5-8 Repeat meas 1-4 to the end of the music.

Presented by Fusae Senzaki-Carroll