

Berovka

Origin: Berovo, Macedonia

Record: FM5-18, FM49-8, Folkraft LP-24

Formation: Lines with belt hold.

Source: Atanas Kolarovski

Note:

Meter: 2/4

Introduction

Simply shift weight to R, L, R and L in place while facing forward. Shift is performed on ct. 1 of each measure, while you bounce on weight-bearing foot (flex knee) on count 2. On measure IV, ct. 2, free R is raised a bit, bent at knee and hooked across in front of L foreleg in preparation for the first step of the dance. You also begin to turn to face RLOD.

Figure I.

Meas. Ct.

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|-----|----|---|
| 1-4 | | Eight walking steps forward (RLOD) beginning with R. |
| 5 | 1 | Turn CCW to face center as you step R diagonally right forward, |
| | 2 | Step onto L a bit left and back of R. |
| | & | Step onto R again in its above position. |
| 6 | 1 | Step onto L by R. Free R is raised low fwd. |
| | 2 | Čukče or low hop on L in place. Free R is circled low out to right and back in preparation for step. |
| | & | Step on R just behind L. |
| 7 | 1 | Step onto L in its above position. Free R is raised very low behind. |
| | 2 | Čukče or low hop on L in place. Free R is brought fwd. low. |
| | & | Čukče on L in place. Free R is moved to position low and diagonally fwd., right. |
| 8 | 1 | Leap onto R a bit fwd. and right of L. Free L is raised up behind, bent at knee. |
| | 2 | Hold |
| 9 | 1. | Hop on R in place and begin to turn CCW a bit to right of center. Free L is still held up behind but it is moved a bit fwd. and out to side in preparation for next step. |
| | 2. | Step L across in front of R to right. Free R is raised a bit behind. (Now facing RLOD) |

Figure II.

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|-----|---|--|
| 1-2 | | Four walking steps fwd. (RLOD) as in Figure 1. |
| 3 | 1 | Small running step fwd. (RLOD) on R. |
| | & | Small running step fwd. (RLOD) on L. |
| | 2 | Small running step fwd. (RLOD) on R. |
| 4 | | Repeat Meas. 3 reversing footwork. |
| 5-9 | | Repeat Meas. 5-9 of Figure I. |

Figure III.

Like Figure II except for measure VIII.

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|---|----|--|
| 8 | 1. | Leap onto R a bit fwd. and right of L. |
| | & | Step on L in its previous position. |
| | 2. | Step fwd. onto R again. |