

# Berovka

Origin: Berovo, Macedonia

Record: FM5-18, FM49-8, Folkraft LP-24

Formation: Lines with belt hold.

Source: Atanas Kolarovski

Note:

Meter: 2/4

## Introduction

Simply shift weight to R, L, R and L in place while facing forward. Shift is performed on ct. 1 of each measure, while you bounce on weight-bearing foot (flex knee) on count 2. On measure IV, ct. 2, free R is raised a bit, bent at knee and hooked across in front of L foreleg in preparation for the first step of the dance. You also begin to turn to face RLOD.

## Figure I.

Meas.	Ct.	
1-4		Eight walking steps forward (RLOD) beginning with R.
5	1	Turn CCW to face center as you step R diagonally right forward,
	2	Step onto L a bit left and back of R.
	&	Step onto R again in its above position.
6	1	Step onto L by R. Free R is raised low fwd.
	2	Čukče or low hop on L in place. Free R is circled low out to right and back in preparation for step.
	&	Step on R just behind L.
7	1	Step onto L in its above position. Free R is raised very low behind.
	2	Čukče or low hop on L in place. Free R is brought fwd. low.
	&	Čukče on L in place. Free R is moved to position low and diagonally fwd., right.
8	1	Leap onto R a bit fwd. and right of L. Free L is raised up behind, bent at knee.
	2	Hold
9	1.	Hop on R in place and begin to turn CCW a bit to right of center. Free L is still held up behind but it is moved a bit fwd. and out to side in preparation for next step.
	2.	Step L across in front of R to right. Free R is raised a bit behind. (Now facing RLOD)

## Figure II.

1-2		Four walking steps fwd. (RLOD) as in Figure 1.
3	1	Small running step fwd. (RLOD) on R.
	&	Small running step fwd. (RLOD) on L.
	2	Small running step fwd. (RLOD) on R.
4		Repeat Meas. 3 reversing footwork.
5-9		Repeat Meas. 5-9 of Figure I.

## Figure III.

Like Figure II except for measure VIII.

8	1.	Leap onto R a bit fwd. and right of L.
	&	Step on L in its previous position.
	2.	Step fwd. onto R again.